

HEY LADY

– DINER –

ALL DAY MENU FROM 8AM

SOURDOUGH CRUMPET 12

WHIPPED RICOTTA AND RIONA'S HONEY
~ ADD EXTRA CRUMPET 6

BREAKFAST BOWL 21 GF DF

JAPANESE RICE, AVOCADO, HOUSE PICKLES,
BOILED EGG, EDAMAME, HERBS, CRISPY SHALLOTS,
PONZU DRESSING ~ ADD HOT SMOKED SALMON 9

AVO TOAST 22

MARINATED GOATS FETA, CRISPY SHALLOTS,
PICKLED ONION, FURIKAKE, SUNFLOWER CREAM,
HERBS ~ ADD BOILED EGG 4 ~ GF DF AVAILABLE

CHILLI SCRAMBLED EGGS 18 GF

FERMENTED CHILLI SCRAMBLED EGGS, JAPANESE
RICE, GRUYERE, HERBS, PICKLES ~ ADD CHORIZO 9

CHORIZO & EGG BURGER 24

SCRAMBLED EGG, CHORIZO, TASTY CHEESE, SLAW,
MAYO, CHILLI JAM, PICKLES ~ GF DF AVAILABLE

SNAPPER FISH CAKES 26

KARASHI TARTARE, FENNEL, CAPERS, LEAF SALAD
~ ADD BOILED EGG 4

ROAST BEETROOT SALAD 24 GF

LEAVES, HERBS, PEPITAS, PICKLED CARROT,
MARINATED GOATS FETA, SUNFLOWER CREAM
~ ADD AVO 8

KATSU PORK SANDWICH 22

SLAW, TONKATSU SAUCE & KARASHI MAYO
~ ADD SIDE FRIES 5

KARAAGE CHICKEN BURGER 24 DF

LETTUCE, PICKLED ZUCCHINI, CHILLI JAM & MAYO
ADD CHEESE 2 ~ ADD SIDE FRIES 5 ~ GF AVAILABLE

SWEETS

CHOCOLATE BROWNIE GF 5.5

CHOC CHIP COOKIE 6

JAM DROP 5

SCONE W/ JAM AND CREAM OR JAM & BUTTER 9

SIDES

BOILED EGG 4

SOURDOUGH/GF BREAD 4

SWAP GF BUN/TOAST 3

SCRAMBLED EGG 7.5

HOT SMOKED SALMON 9

CHORIZO 9

AVOCADO 8

FISH CAKE 8

HOUSE PICKLES 4

FRIES 5

CHILLI JAM 3

KIDS

SCRAMBLED EGGS

ON TOAST 15

SIMPLE AVO TOAST 12

SIMPLE CHICKEN BURGER 16

KARAAGE CHICKEN, LETTUCE,

YUM YUM SAUCE

BAR SNACKS FROM 12

KINGFISH CEVICHE GF DF 28

RADISH, ONION, LIME AND SESAME DRESSING

MISO GLAZED CRISPY BRUSSEL SPROUTS V 12

WITH TOGARASHI

TEMPURA BROCCOLI 24

WITH RICOTTA SALATA AND TEMPURA DRESSING

KAARAGE CHICKEN GF DF 26

KEWPI MAYO

ADD CHILLI JAM 2

FENNEL & WHITE CABBAGE SLAW GF VO 9

FRIES WITH FURIKAKE SEASONING 12

SERVED WITH MAYO AND CHILLI JAM

(GF) - GLUTEN FREE / (V) - VEGAN / (VO) - VEGAN OPTION | 10% SURCHARGE ON SUNDAYS
| 15% SURCHARGE ON PUBLIC HOLIDAYS | 1.2% SURCHARGE VISA, MASTERCARD & EFTPOS

ONA SPECIALTY COFFEE

ASPEN BLEND
MILK BASED YOUR WAY
SM 5.5 | LRG 6.5
DECAF 0.5

RASPBERRY CANDY BLEND
MILK BASED YOUR WAY
SM 6.5 | LRG 7.5

SINGLE ORIGIN BLACK YOUR WAY
SM 5 | LRG 6

CHAI LATTE 6.5
MATCHA LATTE 7.5
DANDY LATTE 6.5
HOT CHOCOLATE 6
MOCHA 6.5

MILKS
BONSOY 1
MILK LAB ALMOND 1
CALIFA OAT 1
LACTOSE FREE 1
SKIM

SWEETENERS
MAPLE SYRUP .50
RIONAS HONEY .50
SALTED CARAMEL .50
HAZELNUT .50

ORGANIC LOVE TEA 5
(BIODEGRADABLE PLANT BASED TEA
BAGS NO PLASTICS)

ENGLISH BREAKFAST
PEPPERMINT
LEMONGRASS & GINGER
GREEN

Signature Drinks

HAZEL DREAMING 11
COLD BREW W/ HAZELNUT CREAM,
HAZELNUT CRUMB

RASPBERRY SHAKE 11
COLD BREW, COCONUT WATER,
RASPBERRY

MUCH LOVE 11
MATCHA, COCONUT WATER,
RASPBERRY

BIT BANANAS LATTE 12
BANANA, SALTED CARAMEL,
DOUBLE ESPRESSO, FULL CREAM
MILK. THIS ONE IS HOT!

HEY LADY COLD BREW

SINGLE ORIGIN 7
RASPBERRY CANDY BLEND 8
DECAF BLEND 8

COLD DRINKS

COLD PRESSED JUICE - WATERMELON, CUCUMBER &
MINT 10.5

COLD PRESSED ORANGE JUICE 10.5

IMMUNE BOOST SHOT - ORANGE, LEMON, TURMERIC,
CAYENNE PEPPER 5

ICED LATTE 6 | 7
ICED MATCHA LATTE 8
ICED CHAI LATTE 7

YUZU SODA 8
GRAPEFRUIT SODA 8
COCA COLA 5
COCA COLA 0 SUGAR 5
LEMONADE 5
VEGAN COLA SPIDER 12

Breakfast Cocktails

BLOODY MARY 20
VODKA, TOMATO, CELERY, OLIVES

HEYSPRESSO MARTINI 24
ESPRESSO, SPICED RUM, BAILEYS, SALTED
CARAMEL

MIMOSA 13
PROSECCO, COLD PRESSED ORANGE JUICE